

The image displays three identical, vertically stacked templates for a notebook or journal. Each template is enclosed in a decorative border with an orange outer edge and a dark blue inner edge. The left side of each template features three horizontal writing lines, with a basketball icon in the top-left corner of the first line. The right side of each template features a vertical line and two horizontal lines, suggesting a space for notes or a small table. The templates are separated by orange horizontal bands.